



August 2026

I lift up my eyes to the hills. From where does my help come?

My help comes from the Lord, who made heaven and earth.

Psalm 121 v1-2

1st / 2nd This month we are starting a new programme for girls. Our Girls Saturday Club will be an opportunity to reach out to girls experiencing difficulties at home or school and teach them new practical skills as well as leading them through the CY Christianity Explored course. Give thanks for this opportunity and for the staff who will run the club. Pray for resources needed and for hearts to be transformed by the gospel.

3rd / 4th This month we are holding the Holiday Bible Club for two weeks. Pray for the practical needs of running the club. Pray that the Holy Spirit would work powerfully through God's word and cause many children to put their trust in Jesus.

5th / 6th Last month we held a fire awareness and fire marshal training for staff. Give thanks that we are able to take these practical steps to help keep our staff and visitors safe. Pray that God would protect them from dangers as they work. Pray for those in Kenya who have lost loved ones this year due to fires in institutions.

7th / 8th Pray for a new family that has been referred. This is a Mum with 5 children living in extreme poverty having just left her husband because of domestic violence. Pray for healing from the trauma they have suffered and that they will find their strength and comfort in God. Pray that we will be able to provide holistic support that will help their recovery.

9th / 10th Give thanks for God's faithful provision that has enabled us to serve girls in 3 schools this year through our Cycle with Dignity programme. Praise God for the opportunity we have to teach girls about menstrual health and provide them with sanitary pads that will help them attend school with confidence and dignity.

11th / 12th We have recently been approached by an organisation from the north of Kenya who are interested in providing APT postural support devices to the children they serve. As we discuss options for training them and support them with APT devices, pray that God would give us a fruitful partnership with them that leads to more children in remote areas of Kenya getting the equipment they need.

13th / 14th Praise God for the impact the Grace Grows programme is having on families. Following the training, families have the skills to start growing vegetables in their compounds and are reporting that it is making a big difference to the meals they eat, and in some cases, providing them with extra income when they sell the surplus. Pray that through this programme we would see less children suffering from malnutrition.

15th / 16th Praise God for the community members who gather each week for the bible study. Give thanks for the opportunity we have to share the gospel, encourage one another and grow in faith through these studies. Pray that God's word would take root in every heart and they would be transformed by His truth.

17th / 18th Pray for caregivers who are caring for disabled children and still trying to understand their child's diagnosis. Pray God will fill them with peace when they feel overwhelmed by uncertainty and comfort those who have been hurt by unkind words and stigma around them.

19th / 20th Pray for the Understanding Communication Training taking place next week. We are thankful to be welcoming staff from other local organisations. Pray that the training will equip participants with the practical skills needed to support caregivers in communicating effectively with their children who have communication difficulties. Give thanks for Helen Burnford, a specialist speech and language therapist who will be leading the course. Pray for her safe travel from the UK to Kenya and that all she has planned will be achieved.



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“Worthy are you, our Lord and God, to receive glory and honor and power, for you created all things, and by your will they existed and were created.”

Revelation 4 v11

21st/22nd Pray for the 5 men meeting with Stephen weekly and going through John’s gospel. Pray that their hearts would be opened to God’s truth and we would see these men come to know Jesus Christ as Lord and Saviour. Pray for Stephen as he faithfully shares God’s word, that he would be filled with wisdom, patience and love for the men he is meeting.

23rd/24th Pray for the many families that have been referred and assessed recently. Pray that God will grant us wisdom, compassion and discernment as we seek to serve them. Pray that we will offer the right support, encouragement, and comfort at the right time. Pray that staff will reflect God’s love in every conversation and decision, trusting God will guide each family towards hope and lasting change.

25th/26th As God has given growth to the organisation, the need for more space and an accessible building for wheelchair users has become more pressing. Our meeting hall and offices are upstairs. As we welcome a new member of staff this month who uses a wheelchair, we are reminded even more of the need. Recently we became aware of a piece of land for sale in Njoro and have started the initial investigations and checks. Pray that God will open the way for us to purchase this land if the results of the checks are positive and if it is His will. Pray that God would provide the resources to build a permanent accessible centre when the time comes, where children, adults and families of all abilities are welcomed with dignity, can experience Christ’s love and receive the holistic support they need. Pray for wisdom, favour, and faithful partners as we trust God to make this vision a reality.

27th/28th Praise God for the opportunities we have to share the good news of Jesus with the families we work with. Pray that God would prepare hearts to receive His truth and help the staff to speak with love wisdom and boldness. Pray that God would provide for every need of those we serve and that we would see Him working in powerful ways, transforming lives, bringing hope where there is despair and drawing many people to faith in Christ.

29th/30th Thank God for the staff. Pray that God would fill them with His wisdom, peace and compassion. That He will protect them in all they do and grant them good health, physical strength, emotional resilience and safety as they work to serve within the community.

31st Thank God for his faithfulness and love. Pray that He will continue to provide for every financial need of the ministry and open doors for new supporters, faithful partners, and generous donors who share the vision of bringing hope to vulnerable families. Pray that every gift would be used honestly, with integrity and for His glory.



Teaching caregivers gardening skills.